



## Student Success Planner

### Introduction:

The Staff in the Student Success Center are dedicated to providing strengths based advising, in order to inspire you to realize your true purpose, achieve academic success, and to ultimately make an optimal contribution to your intended profession. Our office is located in Wheatley Hall, on the 4th floor, in room 151. You can contact us at StudentSuccess@umb.edu.

If you're like most college students, an overarching goal is to find a major you love, discover purposeful work, and secure a great job. Partner with your CSM Student Success Center Advisor to discover an academic and professional direction filled with purpose, joy, and a future full of new discoveries. Work closely with your faculty advisor to participate in research opportunities, work together to design an academic pathway where you can start on track, stay on track, and finish strong.

### Realizing Your Purpose:

Having a sense of purpose at work is more than just making a well-intentioned contribution to your profession; instead, it's about making an optimal contribution where you move beyond 'average competence' to a place of 'greatness and excellence'. This is about pursuing work you love and making a difference by doing what you do best. This is where you move beyond striving for a comparative advantage in achievement, status, or popularity, to a place where you are giving your unique set of strengths to the world around you, and to pursue work that aligns with your deeply held values.

Imagine having the kind of major that inspires deep learning, dreams of discovering solutions to the world's most challenging and complex problems, and pursuing work that is profoundly purposeful.

What does this mean to you? How will you start to Realize Your Purpose?

### Success Strategies:

On a scale from one to 10 how confident do you feel in your ability to do each of the following?

1, not confident at all. 10, very confident.

Attend class and contribute meaningfully to class discussions	
Ask for help when needed from faculty, teaching assistants, and advisors	
Develop good time management skills	
Take careful class notes, ask questions, and prepare in advance for exams and projects	
Take full advantage of tutoring services, the math resource center, and the writing center	

Be ready to discuss your academics, ask questions, and take notes during advising	
Check your UMass Boston email on a daily basis	
Discuss your Degree Audit and Early Alert notifications	
Meet with your faculty during office hours and build a strong relationship with each of them	
Visit the Health Services or the Counseling Center to take care of your well-being	

## Strengths, Challenges, Goals, & Resources:

In your own words, please describe academic successes and personal accomplishments that you are proud of. It may help to think of a peak experience, or a challenge you overcame, when you felt really good about yourself.

Strengths:

Describe the factors both in and outside of the classroom that contributed to any recent academic concerns/challenges (ex. difficulty balancing school and work, missed/skipped classes, etc.)

Challenges:

List goals you have identified to help you succeed this semester and improve your academic standing. Include any resources that will help you reach your goals. Your advisor will review this and help you come up with a plan.

Goals & Resources:

## Time Management & Pace:

Managing your time effectively is essential to your success and wellbeing both in and out of the classroom. As a college student, we understand that you have to juggle many responsibilities, and sometimes it feels like there's not enough time in the day to get everything done. We're here to help.

It's important to make an informed decision regarding your course load for each semester. Although a four-year graduation plan generally entails taking 15 credits a semester, it is vital for you to work at a pace that is manageable for you. When selecting courses, consider your work schedule, your personal time, and any other obligations you may have - would a full-time course load be realistic? If not, discuss the advantages and drawbacks of enrolling part-time with your SSC advisor and your financial aid counselor.

Given your work, family, and commuting obligations, how many courses should you take each semester?	
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## Keys to Good Time Management:

- ✓ Don't cram all of your assignments and studying into one session. Break your studying time into smaller intervals.
- ✓ Look at your syllabus and create deadlines for yourself using digital calendars.
- ✓ Make sure you check your UMB Outlook email regularly! Outlook has a built-in calendar that you can use to plan deadlines for assignments and manage your time.

We understand anxiety (and maybe shame) that comes with procrastination. We're dedicated to helping you learn how to manage your time effectively!



Scan the QR code to access a Time Management Calculator that can help you visualize and plan out your time.

## Responsibilities & Rights:

<b>Responsibilities:</b>	<b>Rights</b>
<p>Understanding the following is vital to your continued enrollment at the university:</p> <ul style="list-style-type: none"><li>✓ You are responsible for knowing the academic calendar, dates, deadlines, and especially course drop and withdrawal policies. Be aware that failure to attend a class does not constitute a course drop or withdrawal.</li><li>✓ You are responsible for knowing the University's code of conduct and for contributing to a productive academic environment.</li><li>✓ You are responsible for maintaining good academic standing at the University.</li><li>✓ A minimum GPA of 2.0 is required to maintain good academic standing.</li><li>✓ You must adhere to the university attendance policy to remain enrolled</li></ul>	<p>Family Education Rights and Privacy Act (FERPA) &amp; Title IX</p> <p>FERPA is a Federal law that protects the privacy of student education records. The law applies to all schools that receive funds under an applicable program of the U.S. Department of Education.</p> <p>FERPA ensures that nobody but the student can access their academic records and personal information without receiving permission from the student.</p> <p>Title IX states that no person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance.</p>

Reach out to the CSM Student Success Center for any and all questions related to your degree planning and academic success. If you have other questions, and are not sure who can help you, we'll be happy to connect you to the right resources. [www.umb.edu/ssc](http://www.umb.edu/ssc)