

The following Spring courses have space available as of February 26. Register for additional courses online or by emailing (ollireg@gmail.com) the OLLI Office. **Courses not listed are full.**

Monday Courses	Location	# of Sessions	Start Date	End Date	Start Time	End Time
Introducing You to You: The Peace Education Program	Online via Zoom	6	3/10/2025	4/14/2025	10:00 AM	11:30 AM
Shaolin Qi Gong	Online via Zoom	6	3/10/2025	4/14/2025	10:00 AM	11:00 AM
CMA Up Close: Materials and Processes	Online via Zoom	6	3/10/2025	4/14/2025	1:30 PM	2:45 PM
History and Consequences of the Vietnam War	In-person at Braintree	6	3/10/2025	4/14/2025	1:30 PM	3:00 PM
Healthy Lifestyle Habits in Older Adulthood	In-person at UMass Boston	5	3/10/2025	4/14/2025	10:00 AM	11:30 AM
Understanding Privilege and Power in Our Society	In-person at UMass Boston	5	3/10/2025	4/14/2025	10:00 AM	11:30 AM
Hats, Mitts, and Scarves	In-person at UMass Boston	8	3/17/2025	5/12/2025	10:00 AM	12:00 PM
Treasure Box of Memories: Writing Your Family Stories	In-person at Hingham	5	3/17/2025	4/14/2025	10:00 AM	11:30 AM
Fast-Talking Dames	In-person at Hingham	5	3/17/2025	4/14/2025	1:30 PM	3:00 PM
Writing a 'Legacy Letter'	Online via Zoom	4	4/28/2025	5/19/2025	10:00 AM	11:30 AM
Redefining the Fight for Women's Equality: What Feminism Looks Like on the Margins	Online via Zoom	5	4/28/2025	6/2/2025	10:00 AM	11:00 AM
Can Language Mark Social Identity?	In-person at UMass Boston	5	4/28/2025	6/2/2025	10:00 AM	11:30 AM
Perspectives on the Holocaust	In-person at Braintree	6	4/28/2025	6/9/2025	10:30 AM	12:00 PM
Tuesday Courses	Location	# of Sessions	Start Date	End Date	Start Time	End Time
Exploring AI Technology's Role in Personal and Community Well-being	Online via Zoom	5	3/11/2025	4/15/2025	9:30 AM	11:00 AM
United States: A Stew? A Melting Pot? Or Both?	Online via Zoom	5	3/11/2025	4/8/2025	10:00 AM	11:30 AM
Can We Stop Climate Change?	In-person at Braintree	5	3/11/2025	4/8/2025	1:00 PM	2:30 PM
Bathed in Light: A Film Appreciation Course	Online via Zoom	8	3/18/2025	5/27/2025	1:30 PM	3:30 PM
Major Romantic Period Classical Composers	In-person at Hingham	8	3/18/2025	5/6/2025	1:30 PM	3:00 PM
Cognitive Upgrade	Online via Zoom	5	3/18/2025	4/15/2025	1:30 PM	3:00 PM
Contemporary Economic Policy	Online via Zoom	5	3/18/2025	4/15/2025	1:30 PM	3:00 PM
Lessons in Our Stories: African American Children's Literature	Online via Zoom	5	4/1/2025	4/29/2025	6:00 PM	7:30 PM
TED Talks (and Other Videos) Discussion Group	In-person at Braintree	5	4/22/2025	5/20/2025	10:00 AM	11:30 AM
Finding the Light	Online via Zoom	4	4/22/2025	5/13/2025	10:00 AM	11:30 AM

Wednesday Courses	Location	# of Sessions	Start Date	End Date	Start Time	End Time
Housing in the Powerhouses: Barriers to the Housing Market in the US and India	Online via Zoom	5	3/19/2025	4/16/2025	10:00 AM	11:30 AM
Why Should Exercise Be Boring? Let's Dance!	Online via Zoom	6	4/23/2025	5/28/2025	1:30 PM	2:30 PM
American Civil War Lecture Series	Online via Zoom	5	4/23/2025	5/21/2025	6:00 PM	7:30 PM
Thursday Courses	Location	# of Sessions	Start Date	End Date	Start Time	End Time
Classics of German Cinema	In-person at UMass Boston	6	3/6/2025	4/10/2025	1:30 PM	3:00 PM
How Was That a Hit Record?	Online via Zoom	7	3/13/2025	4/24/2025	6:30 PM	8:00 PM
Global Feminism: Wins and Challenges in South Asia, Latin America, and Beyond	Online via Zoom	5	3/13/2025	4/10/2025	10:00 AM	11:30 AM
The Power of Music: Understanding Music as a Tool for Social Change	In-person at UMass Boston	5	3/13/2025	4/10/2025	10:00 AM	11:30 AM
Foundations of Civilization: Exploring the Ancient World's Greatest Societies	In-person at UMass Boston	5	3/13/2025	4/10/2025	1:30 PM	3:00 PM
Living Mindfully: Taking Time for Yourself is Okay	In-person at UMass Boston	5	3/13/2025	4/10/2025	1:30 PM	3:00 PM
Disability History is American History	Online via Zoom	5	3/13/2025	4/10/2025	1:30 PM	3:00 PM
All Welcome to Poetry: Come, Write a Poem	In-person at UMass Boston	8	3/20/2025	5/8/2025	10:00 AM	11:30 AM
Looking Back/Looking Forward: Sharing Wisdom from One Generation to Another	In-person at UMass Boston	3	4/10/2025	4/24/2025	12:00 PM	1:00 PM
Survival French for Travelers (or for Fun)	In-person at UMass Boston	6	4/17/2025	5/22/2025	10:00 AM	11:30 AM
Elements of Fiction: Nuts and Bolts of Fiction	In-person at UMass Boston	5	4/24/2025	5/22/2025	10:00 AM	11:30 AM
Struggles and Triumphs: The Career and Legacy of P.T. Barnum	In-person at UMass Boston	5	4/24/2025	5/22/2025	10:00 AM	11:30 AM
The Reel Custer: The Battle of the Little Bighorn and Hollywood	Online via Zoom	5	4/24/2025	5/22/2025	10:00 AM	11:30 AM
Genetically Modified Organisms: A Biologist's Approach	In-person at UMass Boston	5	4/24/2025	5/22/2025	1:30 PM	3:00 PM
Houses and House Problems	In-person at UMass Boston	5	4/24/2025	5/22/2025	1:30 PM	3:00 PM
Meditation 101: An Introduction to Meditation & Mindfulness	Online via Zoom	5	4/24/2025	5/22/2025	1:30 PM	3:00 PM
Urban Sonnets: The Impact of Hip-Hop on Mental Health in Urban Communities	Online via Zoom	5	4/24/2025	5/22/2025	6:00 PM	7:30 PM

Friday Courses	Location	# of Sessions	Start Date	End Date	Start Time	End Time
Discovering Documentaries	In-person at Braintree	6	3/14/2025	4/18/2025	10:00 AM	12:00 PM
Creative Movement Classes for Seniors	Online via Zoom	8	3/21/2025	5/9/2025	10:00 AM	11:00 AM
Writing Your Heart: Stories, Poems or Fragments - A Writing Workshop	Online via Zoom	4	3/21/2025	4/11/2025	10:00 AM	11:30 AM
Vision in Aging: Understanding the Advances in Diagnosis and Management	Online via Zoom	5	5/2/2025	5/30/2025	10:00 AM	11:30 AM
Exploring Longevity: Series 8	In-person at Braintree	3	5/2/2025	5/16/2025	10:00 AM	11:30 AM
Saturday Courses	Location	# of Sessions	Start Date	End Date	Start Time	End Time
AP Lit: The Books the Kids Aren't Reading	Online via Zoom	6	3/8/2025	4/26/2025	10:00 AM	11:30 AM
Meet Me Tonight in Dreamland: An Introduction to Flash Fiction and Prose Poetry	Online via Zoom	6	4/5/2025	5/10/2025	10:00 AM	11:30 AM
Is There Such a Thing as Haitian Exceptionalism?	Online via Zoom	5	4/26/2025	5/31/2025	10:00 AM	11:30 AM
Exploring Longevity Series 8	Online via Zoom	3	5/3/2025	5/17/2025	10:00 AM	11:30 AM